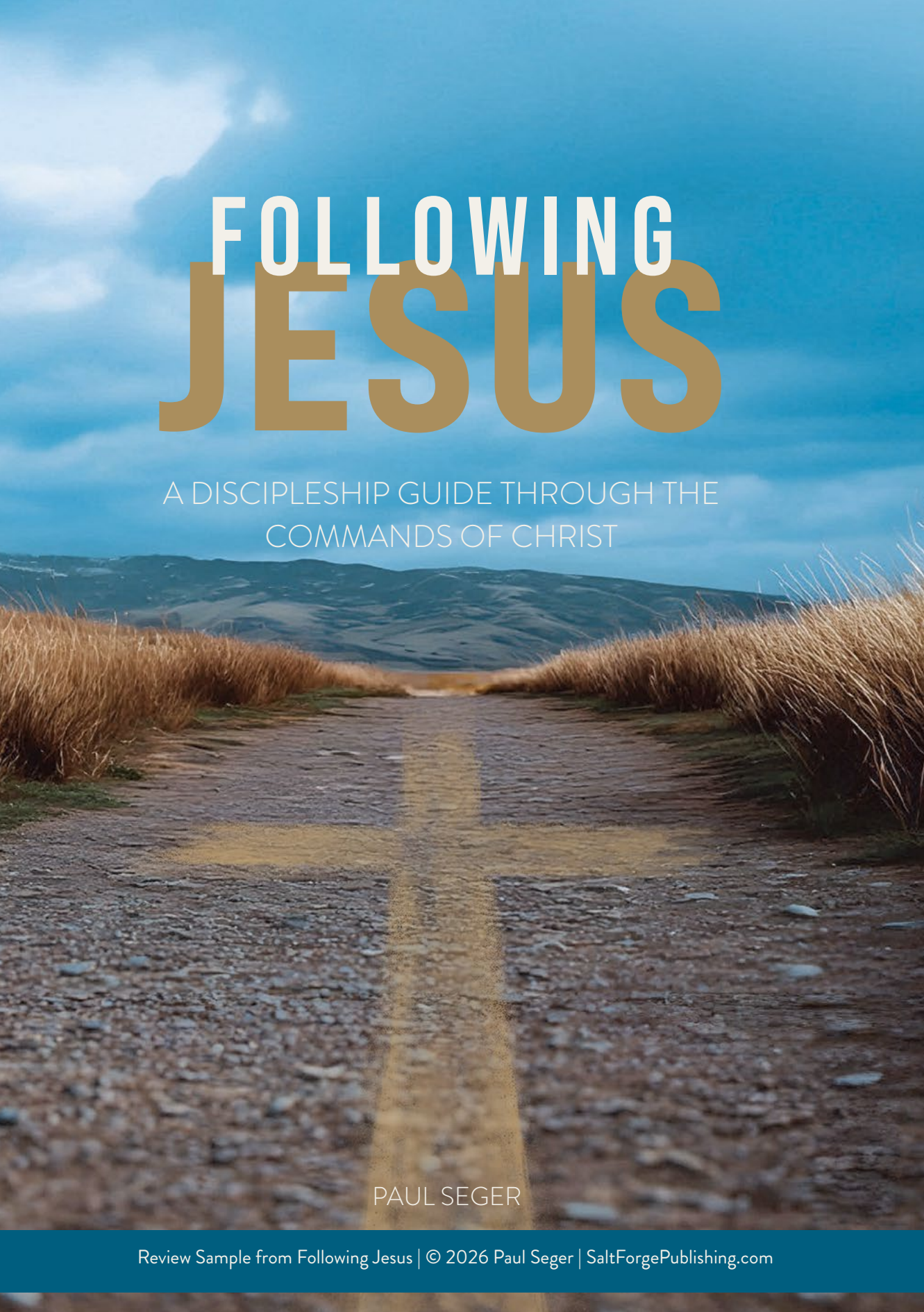

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A REVIEW SAMPLE FOR PASTORS AND MINISTRY LEADERS

Pastors and ministry leaders need discipleship resources that are biblically faithful, practical to use and capable of serving believers at different stages of spiritual growth.

Following Jesus brings together 50 commands of Christ in a clear, grace-centred discipleship guide. It is designed to help believers understand what Jesus taught, put His words into practice and become better prepared to help others follow Him.

This review sample contains two studies from the complete guide:

"Keep My Commandments" demonstrates the book's central foundation: obedience is not a means of earning salvation or Christ's favour, but the loving response of those who belong to Him.

"Make Disciples" connects personal growth and obedience with the Great Commission, encouraging believers to invest intentionally in the spiritual growth of others.

Together, these studies provide a representative look at the guide's biblical foundation, format, discussion approach and emphasis on practical obedience.

ABOUT THIS SAMPLE

Following Jesus: A Discipleship Guide Through the Commands of Christ
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The word-study definition is adapted from Johannes P. Louw and Eugene A. Nida, eds., Greek-English Lexicon of the New Testament: Based on Semantic Domains, 2nd ed., 2 vols. (New York: United Bible Societies, 1989; electronic ed., 1996), and James Strong, Strong's Exhaustive Concordance of the Bible, as reproduced at BibleHub.com.

This sample is provided for educational and informational purposes only and does not constitute professional advice.

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KEEP MY COMMANDMENTS



SCRIPTURE TO READ

John 14:15 “If you love me, you will keep my commandments.”

John 15:10 “If you keep my commandments, you will abide in my love, just as I have kept my Father’s commandments and abide in his love.”

BIBLICAL DEFINITION

(keep) to continue to obey orders or commandments

FOR FURTHER UNDERSTANDING

Jesus defines keeping His commandments as an act of love, rather than a requirement for salvation.



DISCUSSION QUESTIONS

1. According to John 14:15, how does Jesus connect love for Him with obedience to Him?

2. What does it mean to keep Christ’s commandments from love rather than from fear, pride, or religious performance?

3. Consider Matthew 11:15 and Matthew 13:9. Why do you think Jesus says, "He who has ears to hear, let him hear" in connection with His teaching?

4. What does Matthew 28:19–20 teach us about helping disciples obey all that Jesus commanded?

5. What does Jesus' example in Philippians 2:8 teach us about obedience?

6. Is there anything Jesus has commanded that you know you need to obey more faithfully out of love for Him?

MAKE DISCIPLES



SCRIPTURE TO READ

Matthew 28:19–20 “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

BIBLICAL DEFINITION

(make disciples) to cause someone to become a follower of someone else

FOR FURTHER UNDERSTANDING

Discipleship is the process of teaching someone about Christ and helping them learn how to follow Him. The process may begin even before someone accepts Christ as their Saviour! As someone responds to Christ, discipleship should increasingly connect them with the local church. Gospel proclamation and discipleship belong together: we want people not only to believe in Christ but also to learn to follow Him.



DISCUSSION QUESTIONS

1. According to these verses, what is included in discipleship?

2. What is the significance of the word “observe” in this passage?

3. How should these verses shape the way we think about missions?

4. Who has helped disciple you in your walk with Christ? What impact has this had on your life?

5. Are you discipling anyone right now? Is there someone you could begin encouraging and teaching as you help them follow Christ more faithfully?

A PURPOSEFUL PATH FOR DISCIPLESHIP

Following Jesus gives pastors and ministry leaders a ready-to-use pathway for helping believers engage with the words of Jesus and grow in practical obedience.

The complete guide explores 50 commands of Christ across five areas of discipleship:

1. Respond to Christ—build on the firm foundation
2. Love God—walk in the first and greatest commandment
3. Love Others—reflect Christ in your relationships
4. Walk in Wisdom—become like Christ
5. Advance the Mission—have an eternal mindset

DESIGNED FOR REAL MINISTRY SETTINGS

- Build strong foundations with new believers
- Guide one-to-one discipleship and mentoring relationships
- Lead meaningful small-group studies
- Provide a consistent discipleship framework across a church or ministry
- Equip growing Christians to become more confident in discipling others

The consistent two-page format makes each study straightforward to prepare and lead. Churches may work through the complete guide as a year-long discipleship pathway or use selected sections alongside other studies and ministry programmes.

CONSIDER *FOLLOWING JESUS* FOR YOUR CHURCH OR MINISTRY

Explore the complete guide and find ordering options for discipleship pairs, small groups, churches and ministries.

For more information visit SaltForgePublishing.com or write to us at hello@saltforgepublishing.com.



What does it look like to follow Jesus—not only in what you believe, but in how you live?

This discipleship guide brings together 50 commands of Christ in a clear, practical format for Christians at every stage of spiritual growth. Grounded in grace, it presents obedience not as a way to earn Christ's favour, but as the loving response of those He has rescued.

Each two-page study includes Scripture readings, word studies, questions for reflection and discussion, and space for personal application. Use this guide for personal study, in a one-to-one discipleship relationship, or with a small group as you learn to understand Christ's words, practise them in everyday life, and invest in others for the Great Commission.

PAUL SEGER is a global missions consultant and speaker with Biblical Ministries Worldwide, which he led for 27 years as general director. Drawing on missionary and church-planting experience in South Africa, he equips churches and champions relational discipleship that advances the Great Commission.

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